NutriDyn

<mark>UltraBiotic</mark> Women's

Targeted Probiotic for Optimal Women's Health[•]

UltraBiotic Women's Supplementation

NutriDyn's UltraBiotic Women's provides comprehensive vaginal and gastrointestinal support with some of the most useful probiotic strains for sustaining women's health at all ages.[•] A growing body of evidence shows the strains of bacteria found in the formula provide strong support for vaginal microbial balance and lessening of undesirable symptoms such as itching, odor, or discharge.^{•1,2,3} Moreover, research continues to show how probiotics support gut health through improved nutrient absorption and digestive function, which, in turn, reinforces overall immune health.^{•4,5}

Clinical evidence suggests that these beneficial microorganisms may:

- Support a healthy vaginal microbiome*
- Support a healthy gut microbiome*
- Promote healthy bowel function⁺
- Aid macronutrient and micronutrient digestion⁺
- Support healthy immune function*

How UltraBiotic Women's Works

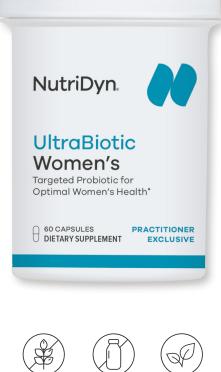
UltraBiotic Women's multiple probiotic strains synergistically work to support healthy vaginal and digestive systems while enhancing immune function.*

Lacidofil[®]

Lacidofil® combines two clinically tested strains: *L. helveticus* Rosell®-52 and *Lactobacillus rhamnosus* Rosell®-11. These strains produce beneficial exopolysaccharides, promote healthy weight, and support vaginal bacterial balance.⁶ Additionally, in a double-blind study, Lacidofil® has been shown to help maintain a healthy digestive system by supporting regular bowel movements.^{+7,8}

Lactobacilli: L. acidophilus, L. rhamnosus, L. reuteri, L. gasseri, L. salivarius

To further support vaginal health, UltraBiotic Women's contains a unique and comprehensive mix of classic women-specific probiotic species.⁺ As the name implies, lactobacilli are a genus of bacteria that produce lactic acid, which keeps unwanted microbes at bay. Disruptions in the vaginal microbiome caused by hormonal changes, diet, and other factors can lead to an imbalance, a factor in many women's health issues.





NON-GMO CGMP FACILITY

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How UltraBiotic Women's Works Continued

The primary mechanisms of action of *L. acidophilus* are the production of lactic acid, hydrogen peroxide, and other compounds. These functions prevent unwanted bacteria from lingering in the vagina and also help maintain a healthy vaginal pH.^{•9,10} In addition to producing lactic acid and hydrogen peroxide, *L. gasseri* also produces a unique thiopeptide known as lactocillin. This specific compound has been shown to support vaginal microbial balance.^{•11,12}

In clinical studies, *L. rhamnosus* has been shown to encourage the growth of beneficial bacteria, which may help support a balanced vaginal microbiome.^{413,14} Meanwhile, studies have shown that *L. reuteri* specifically supports fungal and bacterial balance in the gastrointestinal system.^{414,15} The *L. salivarius* strain has been shown to effectively support healthy biofilm and sustain microbial balance in the vagina and digestive tracts of women.⁴¹⁶

Bacillus subtilis HU58™ and B. coagulans SC208®

Bacillus subtilis HU58[™] and *B. coagulans* SC208[®] are hearty bacteria that, when working together, have a powerful effect on gut health.⁺ These strains act like managers of the microbiome by supporting gut barrier function, microbial diversity, immune function, and cytokine balance.^{+ 17,18}

They also support the growth of *Firmicutes*, a bacterial phylum whose abundance is tied to healthy sex hormones and healthy gut microbiota.^{•19,20} *Firmicutes* species produce beta-glucuronidase and, therefore, contribute to estrogen recycling. Additionally, research shows this specific probiotic combination may increase populations of *Lactobacillus*, which is helpful in supporting a healthy vaginal environment.^{•18}

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amo	ount Per Serving	%DV
Lactobacillus acidophilus La-14®++	9 BillionCFU ⁺	
Lactobacillus rhamnosus HN001™tt	6 Billion CFU ⁺	
Lactobacillus rhamnosus Rosell®-11***	4 Billion CFU ⁺	
and Lactobacillus helveticus Rosell®-52+	tt	
(Lacidofil®†††)		
Bacillus subtilis HU58™++++	2 Billion CFU ⁺	
Lactobacillus reuteri 1E1	2 Billion CFU ⁺	
Bacillus coagulans SC208®+++++	1 Billion CFU ⁺	
Lactobacillus gasseri LG36	0.5 Billion CFU ⁺	
Lactobacillus salivarius LS33	0.5 Billion CFU ⁺	

Other Ingredients: Microcrystalline cellulose, hypromellose, vegetable stearic acid, vegetable magnesium stearate, silica.

acia, regetable magnesiam stearate, sinca.
[↑] At time of manufacture. ⁺⁺ These are trademarks of Howaru [®] . ⁺⁺⁺ These are registered trademarks of Lallemand Health Solutions. ⁺⁺⁺⁺ HU58 [™] is a trademark of Microbiome Labs. ⁺⁺⁺⁺ SC208 [®] is a registered trademark of Synergia Life Sciences Pvt Ltd.
Directions: Take two capsules daily or as directed by your healthcare practitioner.
Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of

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• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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