

## Resveratrol Plus

Premium Hormonal, Cardiovascular,  
and Immune Support\*

### Resveratrol Plus Supplementation

NutriDyn Resveratrol Plus is a premium nutritional supplement made to support the cardiovascular system, healthy blood pressure, immunity, estrogen metabolism, and hormonal balance.\* This product contains patented resVida® plant-derived trans-resveratrol, tested for both purity and potency. Read on to learn more about how the ingredients in Resveratrol Plus work to benefit your health and longevity.\*

In summary, research suggests the ingredients found in Resveratrol Plus work to support:

- Healthy estrogen metabolism\*
- Healthy blood lipid levels and vascular function\*
- Mood and well-being\*
- Energy levels\*
- Antioxidant activity throughout the body\*
- Sexual health in males\*

### How Resveratrol Plus Works

Physiologically, estradiol has the strongest estrogenic effects in the human body; it is slightly more potent than estrone and significantly more potent than estriol. Problems arise in both males and females when estrogen (particularly estradiol) levels are too high or too low. This can lead to irregular estrogen levels, low sex drive, weakened immune function, irritability, fatigue, weight gain, and more.<sup>1,2,3</sup>

Research on resveratrol has shown it acts as a modulator of estrogenic hormone production by regulating estrogen receptor binding.<sup>4</sup> In turn, this modifies luteinizing hormone and follicle-stimulating hormone levels, which ultimately regulate testosterone production.\* It has also been demonstrated that, in males, resveratrol increases sperm output and supports sexual health.\*<sup>5</sup>

Moreover, grape seed extract found in Resveratrol Plus contains a highly potent class of antioxidants—called proanthocyanidins—which have been shown to support healthy blood pressure and blood flow by expanding blood vessels.\*<sup>6,7</sup> We also included green tea leaf extract, providing catechins that support the cardiovascular system and immunity by acting on reactive oxygen species in the body.\*<sup>8,9</sup>



## How Resveratrol Plus Works Continued

Resveratrol Plus is rounded out with the plant polyphenol quercetin. This potent antioxidant appears to work synergistically with resveratrol to support blood lipid levels, blood flow, and heart health.<sup>♦ 10,11</sup>

# Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 60

	Amount Per Serving	%DV
Resveratrol [as Japanese knotweed ( <i>Polygonum cuspidatum</i> ) root and trans-resveratrol] (resVida®)	100 mg	*
Quercetin (as quercetin dihydrate)	50 mg	*
Catechins [as green tea ( <i>Camellia sinensis</i> ) leaf extract]	40 mg	*
Grape ( <i>Vitis vinifera</i> ) Seed Extract [standardized to 95% polyphenols]	30 mg	*

**Other Ingredients:** Hydroxypropyl methylcellulose, microcrystalline cellulose, vegetable magnesium stearate, silicon dioxide.

resVida® is a trademark of DSM.

**Directions:** Take as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

## References:

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♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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