

Cape Aloe

Support for Healthy
Digestive Function*

Cape Aloe Supplementation

Cape Aloe is a bioactive vegetarian formula that supports healthy digestive function.* Since ancient times, the aloe plant has been used as a traditional folk remedy in South Africa and may have the world's longest recorded history of use.¹ When taken internally, aloe may help maintain proper bowel function.*² The Cape Aloe plant contains a number of anthraquinones that exhibit phytochemical activities, which may support laxative and detoxifying effects.*^{3,4}

The ingredients in Cape Aloe are dosed in a manner that is congruous with what research suggests to be effective and safe, particularly for supporting healthy bowel movements.*

Research suggests that the ingredients in Cape Aloe may support:

- Healthy digestive function*
- Healthy elimination function*

How Cape Aloe Works

The Cape Aloe plant (also known as *Aloe ferox*) contains over 130 active biological compounds that combine to create the synergistic effects of aloe.⁵

The inner gel of the Cape Aloe plant produces latex, which contains anthraquinones. Anthraquinones work as stimulant laxatives, increasing intestinal motility.*^{6,7}

Anthraquinones are believed to increase the amount of fluid in the colon, helping to stimulate colon contractions and induce defecation.*⁶

Along with eating a diet high in fiber, Cape Aloe may help support a healthy digestive tract through increased motility.*



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 100

	Amount Per Serving	%DV
Cape Aloe Leaf (<i>Aloe ferox</i>)	450 mg	*

Other Ingredients: Microcrystalline cellulose, hypromellose, vegetable magnesium stearate, silica.

Directions: Take one capsule before bed as needed or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

1. Cock IE. *Prog Drug Res.* 2015;70:179-235.
2. Wintola OA, Afolayan AJ. *Pharmacogn Mag.* 2011;7(28):325-333.
3. Cosmetic Ingredient Review Expert Panel. *Int J Toxicol.* 2007;26 Suppl 2:1-50.
4. Gherbon A et al. *Medicine* (Baltimore). 2021;100(50):e28336. doi:10.1097/MD.00000000000028336.
5. Nema J et al. *Int J of Chem,* 2013;3:44-8.
6. Portalatin M, Winstead N. *Clin Colon Rectal Surg.* 2012;25(1):12-19.
7. Petticrew M, Rodgers M, Booth A. *Qual Health Care.* 2001;10(4):268-273.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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